

# GRAB BAG CHECKLIST

1

## SUSTENANCE

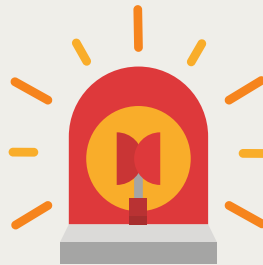
- Water
- Energy bar
- Canned goods



2

## DOCUMENTS

- Birth certificate
- Passport
- Recent family picture



3

## HEALTH KIT

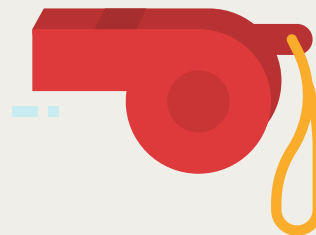
- Medicine
- Alcohol
- First aid kit



4

## DIRECTION DEVICE

- Map
- Compass
- 2-in-1 flashlight and whistle



5

## MISCELLANEOUS (write your personal essentials!)

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